

Haydon Abbey School and Pre-School

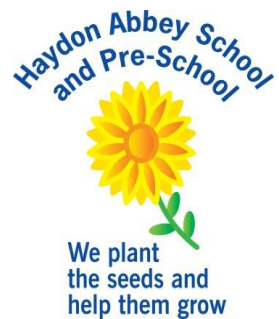
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Headteacher: Miss Ashleigh Ferdinand



7 September 2026

Dear Pre-School Families,

The safety and well-being of our children is our top priority. We have several children in our setting with severe, life-threatening allergies (anaphylaxis) triggered by **consumption, physical contact, and airborne exposure**.

To keep all of our children safe, we must enforce a strict ban on specific food items immediately. Please read the following rules carefully.

Strictly Prohibited Ingredients

- **NO NUTS** (includes peanut butter, tree nuts, nut oils, and products marked contains nuts). **This also includes all chocolate spreads and items with chocolate filling (e.g., Nutella, chocolate spread pancakes/crepes, chocolate-filled pastries).** Because we cannot verify whether chocolate fillings contain trace nuts, all chocolate spreads and fillings are strictly banned.
- **NO STRAWBERRIES** (includes fresh/frozen strawberries, strawberry jam, strawberry yogurt, strawberry snacks, or strawberry-flavoured items).
- **NO EGG IN ITS PURE FORM** (includes egg sandwiches, quiche, hard/soft-boiled eggs, scrambled eggs, omelettes, or egg salad. *Items where egg is a minor baked ingredient, such as standard cakes or biscuits, are permitted unless told otherwise).*

General Food & Bag Rules

No Outside Food Except Packed Lunches: Children should not bring any food or snacks into the setting unless they are staying for lunch.

No Food in Bags: Please check your child's bag daily to ensure no loose snacks, sweets, or leftover food are kept inside.

No Eating Upon Arrival: Children must finish all breakfast items, snacks and drinks before entering the preschool building. Walking around while eating poses a serious choking hazard for young children and risks cross-contaminating preschool surfaces. If they have been eating, it is important for them to wash their hands before entering the Preschool, to prevent the risk of contamination.

Please double-check all lunchbox contents every day. Any items brought in that violate these rules will be removed immediately to protect our vulnerable children.



Thank you for your immediate cooperation and support in keeping our pre-school community safe.

Warm regards,

Mrs Howell
Assistant Headteacher