

Haydon Abbey School and Pre-School

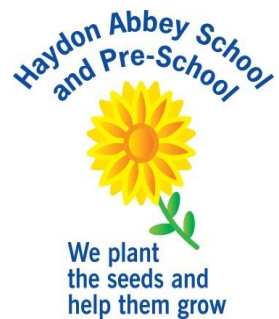
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Headteacher: Miss Ashleigh Ferdinand



21 June 2026

Subject: Important: Amber Heat-Health Alert precautions for Monday 22 June until Friday 26 June

Dear Parents and Carers,

The hot weather is set to continue this week. We will keep using the relaxed uniform rules so that the children stay cool and safe.

Please read the important rules below to help us keep your children safe in the heat:

- **Cool Clothing:** Please send your child in light, cool, and loose clothes. Please **do not** send them in jogging bottoms, as these are too thick and hot. Children can wear full PE kits (shorts and t-shirts), school summer dresses, or shorts with a school polo shirt.
- **Long Sleeves:** If your child wants to cover up, loose long-sleeved tops are fine. They are good for covering skin and keeping cool.
- **Water Bottles:** Many children did not bring a water bottle last week. **Every child must bring a refillable water bottle to school every day.** They can refill them with cold water at school.
- **Shoes:** Children can wear sandals to keep their feet cool. For safety on the playground, all sandals must have a strap around the back of the heel. Flip-flops, slides, and Crocs are **not** allowed.
- **Hats and Sunscreen:** Please send your child to school with a sun hat. Please apply a long-lasting, 'all-day' sunscreen before they leave the house in the morning. Look for bottles that say SPF 30 or SPF 50, and have a 4 or 5-star UVA rating. Staff cannot apply sunscreen at school.

Sports Day is Postponed (Cancelled for now)

We have to cancel Sports Day for this week because of the heatwave. We thought about doing it early in the morning, but the weather forecast says it will already be too hot by 10:00 am. Running around in this heat is not safe for the children.

We are very sorry to change our plans, but the safety of the children comes first. We will find a new date when it is cooler and let you know.

During the day, we will keep children out of the hot sun by shortening lunch breaks and keeping them in the shade under the trees.

Thank you for your help in keeping our school safe.

Kind regards.

Miss Ferdinand

Headteacher

