

PE Curriculum Overview

Pre-School – Every half term pupils will:

Develop Fine Motor Skills (FMS) – Funky Fingers, Dough Disco, Dough Table

Develop Gross Motor Skills (GMS) – PE lessons with a trained coach, large construction equipment, PE equipment, bike and trikes, climbing apparatus, dance

Year group	Curriculum area	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Reception	INDOOR	Early Years - Dance	Early Years Gymnastics	Early Years - Fun on the Farm	Early Years - Ocean Buddies	Early Years - Toy Time	Early Years Sky High
	OUTDOOR	Early Years - Skills Start	Early Years Enjoy a ball	Early Years Skills Start	Early Years Enjoy a ball	Early Years Athletics	Early Years Athletics

Year group	Curriculum area	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Year 1	INDOOR	Gymnastics	Dance	Yoga	Dodgeball	Athletics	Tennis
	OUTDOOR	FMS	FMS	FMS	FMS	Basketball	Athletics

Year group	Curriculum area	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Year 2	INDOOR	Gymnastics INDOOR	FMS (8-14) OUTDOOR	Dance INDOOR	Tennis OUTDOOR	Dodgeball INDOOR	Tennis OUTDOOR
	OUTDOOR	FMS (1-7)	FMS (15-21)	FMS (22-28)	Basketball	Athletics	Athletics

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Year group	Curriculum area	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Year 3	INDOOR	Gymnastics	Dance	Dodgeball	Handball	Athletics	Cricket
	OUTDOOR	Basketball	Outdoor & Adventure	Football	Hockey	Netball	Athletics

Year	Curriculum	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Year 4	INDOOR	Gymnastics	Dance	Dodgeball	Handball	Athletics	Cricket
	OUTDOOR	Basketball	Tag Rugby	Football	Hockey	Netball	Athletics

Year group	Curriculum area	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Year 5	INDOOR	Gymnastics	Dance	Dodgeball	Handball	Athletics	Target Games
	OUTDOOR	Cricket	Tag Rugby	Football	Hockey	Netball	Athletics

Year group	Curriculum area	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Year 6	INDOOR	Basketball OUTDOOR	Gymnastics INDOOR	Handball OUTDOOR	Dance INDOOR	Netball OUTDOOR	Athletics
	OUTDOOR	Cricket	Football	Tag Rugby	Hockey	Athletics	Target Games